

A.B. Dance Class Schedule 2018-2019

| MONDAY | STUDIO A | STUDIO B | STUDIO C | STUDIO D | STUDIO E | STUDIO F |
|-----------|---|--|--|---|----------|--|
| 4:15-5:00 | Ballet Grade 1 (M.Thomas) | Part Time Tap Age 8-10 (Shannel) | Acro Age 4-8 (Kirsten) | Part Time Acro Age 5-7 (Joanna) | | Tumbling Age 8-10 (Lena) |
| 5:00-5:45 | Ballet Grade 1 (M. Thomas) | Part Time Jazz Age 8-10 (Shannel) | Part Time Jazz Age 5-7 (Angel & Kirsten) | Select Acro Age 8-10 (Joanna) | | Tumbling Age 10-12 (Lena) |
| 5:45-6:30 | Ballet Grade 1 (M. Thomas) | Select Tap Age 8-10 (Shannel) | Part Time Acro Age 8-10 (Angel & Kirsten) | Select Jazz Age 10-12 (Joanna) | | Tumbling Age 11-13 (Lena) |
| 6:30-7:15 | Ballet Grade 3 (M. Thomas) | Select Tap Age 10-12 (Shannel) | Acro Age 8-12 (Angel & Kirsten) | Part Time Acro Age 11-13 (Joanna) | | Tumbling Age 8-10 (Lena) |
| 7:15-8:00 | Ballet Grade 3 (M. Thomas) | Select Jazz tech Age 8-11 (Shannel) | PT M. Theatre Age 10+ (Angel & Kirsten) | Part Time Jazz Age 11-13 (Joanna). | | Tumbling Age 12-14 (Lena) |
| 8:00-8:45 | Int Foundation Ballet (M. Thomas) | Part Time Tap Age 11-13 (Shannel) | | Select Jazz Age 12-14 (Joanna) | | Tumbling Age 13+ (Lena) |
| 8:45-9:30 | Int Foundation Ballet (M. Thomas) | | | Select Acro Age 12+ (Joanna) | | Tumbling Age 12+ (Lena) |
| TUESDAY | STUDIO A | STUDIO B | STUDIO C | STUDIO D | STUDIO E | STUDIO F |
| 4:15-5:00 | Ballet Grade 2 (M Thomas) | | <i>Mini Jazz (Christianna)</i> | <i>Novice Tap (Joanna)</i> | | Acro Age 6-10 (Lyza) |
| 5:00-5:45 | Ballet Grade 2 (M.Thomas) | | <i>Mini Acro (Joanna)</i> | <i>Novice Jazz Tech (Christianna)</i> | | Select Jazz Tech Age 10-12 (Lyza) |
| 5:45-6:30 | Ballet Grade 6 (Year 2) (M.Thomas) | Acro Age 6-10 (Alessia) | <i>Mini Tap (Joanna)</i> | <i>Novice Jazz (Christianna)</i> | | Select Lyrical Age 10-12 (Lyza) |
| 6:30-7:15 | Ballet Grade 6 (Year 2) (M.Thomas) | Part Time Hip Hop Age 11-13 (Alessia) | <i>Junior B Jazz (Christianna)</i> | Select Jazz Age 10-12 (Joanna) | | Select Jazz Tech 12+ (Lyza) |
| 7:15-8:00 | Ballet Age 11+ (M. Thomas) | Part Time Acro Age 11-13 (Alessia) | <i>Junior B Lyrical (Christianna)</i> | <i>Select Jazz 14+ (Joanna)</i> | | Select Lyrical Age 12-14 (Lyza) |
| 8:00-8:45 | Adv Foundation (M.Thomas) | Part Time Jazz Age 11-13 () | | Select Contemp Age 12-14 (Alessia) | | Select Contemp Age 14+ (Lyza) |
| 8:45-9:30 | Adv.Foundation (M.Thomas) | | | | | Select Lyrical Age 14+ (Lyza) |

| WEDNESDAY | STUDIO A | STUDIO B | STUDIO C | STUDIO D | STUDIO E | STUDIO F |
|-----------|-----------------------------------|----------------------------------|--|---|----------|-------------------------------------|
| 4:15-5:00 | | <i>Junior B Tap (Joanna)</i> | | | | |
| 5:00-5:45 | <i>Novice Turning (Shannel)</i> | <i>Junior B Acro (Joanna)</i> | <i>Junior A Ballet tech (Anna)</i> | <i>Int/Senior B Acro (Christianna)</i> | | Hip Hop Age 9-13 (Alessia) |
| 5:45-6:30 | <i>Novice Acro (Joanna)</i> | <i>Mini Tap Tech (Shannel)</i> | <i>Junior B Ballet tech (Anna)</i> | <i>JnrA /Int Jazz Tech (Christianna)</i> | | Acro Age 10-13 (Alessia) |
| 6:30-7:15 | <i>Novice Lyrical (shannel)</i> | <i>Mini Jazz Tech (Joanna)</i> | <i>Junior A Lyrical (Christianna)</i> | <i>Int/Senior Ballet (Anna)</i> | | Jazz Age 10-13 (Alessia) |
| 7:15-8:00 | <i>Senior B Jazz (Lyza)</i> | <i>Novice Tap Tech (Shannel)</i> | <i>Junior A Acro (Christianna)</i> | <i>Senior A Contemp (Jordan & Amey)</i> | | Part Time Jazz Age 13+ (Alessia) |
| 8:00-8:45 | <i>Senior B Jazz Tech. (Lyza)</i> | | <i>Int Contemp (Jordan & Amey)</i> | <i>Senior A Jazz Tech (Christianna)</i> | | Part Time Contemp Age 13+ (Alessia) |
| 8:45-9:30 | | <i>Senior B Contemp (Amey)</i> | | <i>Senior A Jazz (Christianna)</i> | | Part Time Lyrical Age 13+ (Alessia) |

| THURSDAY | STUDIO A | STUDIO B | STUDIO C | STUDIO D | STUDIO E | STUDIO F |
|-----------|---|----------------------------|---|--|----------|-----------------------------------|
| 4:15-5:00 | | Ballet Age 4-6 (M. Thomas) | | <i>Junior B Jazz turning (Christianna)</i> | | Select Hip Hop Age 8-10 (Nikki) |
| 5:00-5:45 | <i>Int Lyrical (Ashley S)</i> | Ballet Grade 5 (m.thomas) | Acro Age 4-6 (Kristy) | <i>Junior B Jazz Tech. (Christianna)</i> | | Boys Hip Hop Age 7+ (Nikki) |
| 5:45-6:30 | <i>Cleaning of Senior sm. Groups (Ashley S)</i> | Ballet Grade 5 (m.thomas) | Select Musical Theatre Age 10-13 (Kristy) | <i>Int Jazz (Christianna)</i> | | Part Time Hip Hop Age 12+ (Nikki) |
| 6:30-7:15 | <i>Junior A Jazz (Christianna)</i> | Ballet Grade 1 (M.Thomas) | Acro Age 7-10 (Kristy) | <i>Int-Senior Stretch (Ashley S)</i> | | Select Hip Hop Age 10-12 (Nikki) |
| 7:15-8:00 | <i>Junior A Contemp (Ashley S)</i> | Ballet Grade 1 (M. Thomas) | Tap Age 9-13 (Kristy) | <i>Senior Turning (Christianna)</i> | | Select Time Tap Age 12+ (Nikki) |
| 8:00-8:45 | <i>Jnr A -Int Turning (Christianna)</i> | | Jazz Age 12+ (Kristy) | <i>Senior A Lyrical (Ashley S)</i> | | Select Hip Hop Age 13+ (Nikki) |
| 8:45-9:30 | <i>Senior B Lyrical (Ashley S)</i> | | Lyrical Age 12+ (Kristy) | <i>Senior A Acro (Christianna)</i> | | Hip Hop Age 12+ (Nikki) |

| FRIDAY | STUDIO A | STUDIO B | STUDIO C | STUDIO D | STUDIO E | STUDIO F |
|-------------|---|--|--|--|----------|--|
| 4:15-5:00 | Part Time Tap Age 6-8 (Shannel) | | Tap Age 5-8 (Jessica B) | Acro Age 4-7 (Angel) | | Ballet Age 4-6 (Kaitlyn) |
| 5:00-5:45 | Part Time Jazz Age 8-10 (Shannel) | Select Hip Hop Age 8-10 (Karli & Mya) | Hip Hop Age 5-8 (Kirsten) | Part Time Jazz Age 11-13 (Angel) | | Ballet Age 5-8 (Kaitlyn) |
| 5:45-6:30 | Select Jazz Age 8-10 (Shannel) | Part Time Acro Age 8-10 (Karli & Kirsten) | | Part Time Acro Age 11-13 (Angel) | | Ballet Age 9-12 (Kaitlyn) |
| 6:30-7:15 | Select Lyrical Age 8-10 (Shannel) | Part Time Hip Hop Age 8-10 (Karli & Mya) | Part Time Lyrical Age 11-12 (Kirsten) | Acro Age 10 + (Angel) | | Part Time Lyrical Age 12-13 (Kaitlyn) |
| 7:15-8:00 | Part time Tap Age 8-10 (Shannel) | Part Time Hip Hop Age 11-13 (Karli & Mya) | | Part Time Musical Theatre Age 8-12 (Angel) | | Select Jazz Tech Age 8-10 (Kaitlyn) |
| 8:00-8:45 | Part Time Musical Theatre Age 8-12 (Angel) | | | Part Time Lyrical Age 8-12 (Shannel) | | Lyrical Age 8-12 (Kaitlyn) |
| SATURDAY | STUDIO A | STUDIO B | STUDIO C | STUDIO D | STUDIO E | STUDIO F |
| 9:00-9:45 | Ballet Age 4-7 (M. Thomas) | Mini Dance Age 2-4 | Ballet Age 4-6 (Kaitlyn) | Acro Age 3-5 (Sasha) | | Tumbling Age 6+ (Lena) |
| 10:00-10:45 | Ballet Age 8-10 (M. Thomas) | Mini Dance Age 2-4 | Acro Age 4-6 (Sasha) | Ballet Age 5-8 (Kaitlyn) | | Tumbling (Lena) |
| 11:00-11:45 | Ballet Grade 2 (M. Thomas) | Acro Age 4-6 | Hip Hop Age 8-10 (Kaitlyn) | Acro Age 5-8 (Sasha) | | Tumbling (lena) |
| 12:00-12:45 | Ballet Grade 2 (M. Thomas) | Jazz Age 5-8 (Sophia) | Acro Age 7-11 (Kaitlyn) | Acro Age 8-12 (Sasha) | | Tumbling (lena) |
| 1:00-1:45 | Ballet Grade 6 year 1 (M. Thomas) | Hip Hop Age 4-7 (Sophia) | Mini stretch (Sasha) | Jazz Age 8-12 (Kaitlyn) | | Tumbling (lena) |
| 2:00-2:45 | Ballet Grade 6 Year 1 (M. Thomas) | Tap Age 6-10 (Sophia) | Hip Hop Age 9-12 (Kaitlyn) | Acro Age 11+ (Sasha) | | Mini Tumbling (Lena) |
| 2:45-3:30 | Ballet Grade 4 (M. Thomas) | Ballet Age 5-8 (Kaitlyn) | Acro Age 8-12 (Sasha) | Part Time Tap Age 8-12 (Sophia) | | PT Tumbling Age 9-12 (Lena) |
| 3:30-4:15 | Ballet Grade 4 (M. Thomas) | Part Time Jazz Age 9-12 (Sophia) | Part Time Jazz Age 6-8 (Kaitlyn) | Novice / PT Stretch Stretch (Sasha) | | Int/Snr B Tumbling (Lena) |
| 4:15-5:00 | | Part Time Acro Age 9-12 (Sophia) | Part Time Acro Age 6-8 (Kaitlyn) | Acro Age 5-8 (Sasha) | | Novice Tumbling (Lena) |
| 5:00-5:45 | | | Part Time M. Theatre Age 8-12 (Kaitlyn) | | | Tumbling Age 6-10 (Lena) |

| SUNDAY | STUDIO A | STUDIO B | STUDIO C | STUDIO D | STUDIO E | STUDIO F |
|-------------|---|--|---------------------------------------|----------|---|----------|
| 10:00-10:30 | | Mini Dance Age 2-4 (Angel) | Acro Age 6-10 (Kirsten) | | | |
| 10:30-11:00 | | Jazz Age 6-10 (Kirsten) | Mini Dance Age 2-4 (Angel) | | | |
| 11:00-11:30 | | Hip Hop Age 8-12 (Kirstn) | Acro Age 3-5 (Angel) | | | |
| 11:30-12:00 | | Jazz Age 7-9 (Angel) | Ballet Age 3-5 (Kirsten) | | Tumbling Age 8-10 (Sandra) 11:30-12:15) | |
| 12:00-12:30 | | Ballet Age 4-7 (Angel) | Jazz Age 4-6 (Kirsten) | | Tumbling Age 8+ (Sandra) 12:15-1:00 | |
| 12:30-1:00 | | Hip Hop Age 4-7 (Kirsten) | Acro Age 4-6 (Angel) | | | |
| 1:00-1:30 | | Part Time Acro Age 8-10 (Angel) (1-1:45) | Tap Age 5-8 (Emily) | | Tumbling Age 7-10 (Sandra) 1:00-1:45 | |
| 1:45-2:30 | Acro Age 4-6 (Kirsten) 1:30-2 | Select Tap Age 7-10 (Jonah) | Part Time Jazz Age 8-10 (Angel) | | Extra Tumbling Age 10+ Tumbling 1:45-3:15 | |
| 2:30-3:15 | | Select Jazz Age 7-10 Angel | Part time Tap Age 8-10 (Jonah) | | Junior B Tumbling 3:15-4:00 (Sandra) | |
| 3:15-4:00 | Senior Tumbling (Sandra) 4:00-4:45 | Select Acro Age 7-10 (Angel) | Part Time Hip Hop Age 8-10 (Emily) | | Junior Tap Tech (Jonah) 4-4:45 | |
| 4:00-4:45 | Senior Tap & Tap Tech (Jonah & Joanna) 5:00-6:30 | Acro Age 7-10 (Angel) | | | Junior Stretch (Sandra) 4:45-5:30 | |
| 4:45-5:30 | | Tumbling Age 7-10 (Sandra) | | | Junior A Tumbling (Sandra) 5:30-6:15 | |
| 5:30-6:15 | | | Int Tap Tech 6:30-7:15 (Jonah) | | | |
| | | | Int Tap 7:15-8:00 (Jonah) | | | |
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Recreational Classes

Mini Dance (Age 2-4)

Sat. 9:00
Sat 10:00
Sun 10:00
Sun 10:30

Acro

Age 3-5 - Sat 9:00
Age 3-5 - Sun 11:00
Age 4-8 - Mon. 4:15
Age 4-6 - Thurs. 5:00
Age 4-7 - Fri 4:15
Age 4-6 - Sat 11:00
Age 4-6 - Sun 1:30-2
Age 4-6 Sun 12:30
Age 5-8 - Sat 11:00
Age 6-10 - Tues 5:45
Age 6-10 - Sun 10:00
Age 7-10 - Thurs. 6:30
Age 7-11 - Sat 12:00
Age 7-10 - Sun 4:00
Age 8-12 - Mon. 6:30
Age 8-12 Sat 2:45
Age 8-12 Sat 12:00
Age 10-13 - Wed 5:45
Age 10+ - Fri 6:30
Age 11+ - Sat 2:00
Age 11+ - Wed 8:00

Hip Hop

Age 4-7 Sat 1:00
Age 4-7 Sun 12:30
Age 5-8 - Fri 5:00
Age 8-10 - Sat 11:00
Age 8-12 Sun 11:00
Age 9-13 - Wed. 5:00
Age 9-12 Sat 2:00
Age 12+ - Thurs 8:45

*boys hip hop Age 7+ Thursday 5:00

Jazz

Age 4-6 - Sun 12:00
Age 5-8 Sat 12:00
Age 6-10 - Sun 10:30
Age 7-9 Sun 11:30
Age 8-12- Sat 1:00
Age 10-13 - Wed 6:30
Age 12+ - Thurs 8:00

Ballet

Age 3-5 - Sun 11:30
Age 4-6 - Mon. 4:15
Age 4-6 - Thurs. 5:45
Age 4-6 Fri 4:15
Age 4-7 - Sat 9:00
Age 4-6 - Sat 9:00
Age 4-7 Sun 12:00
Age 5-8 - Sat 10:00
Age 7-8 - Sat 10:00
Age 5-8 - Fri 5:00
Age 5-8 - Sat 2:45
Age 9-12 - Fri 5:45
Age 11+ - Tues. 7:15

RAD Classes

Grade 1 - Mon. 5:00
Grade 1 - Mon 5:45
Grade 1 - Thurs. 6:30
Grade 1 - Thurs 7:15
Grade 2 - Tues 4:15
Grade 2 - Tues. 5:00
Grade 2 - Sat 11:00
Grade 2 - Sat 12:00
Grade 3 - Mon. 6:30
Grade 3 - Mon. 7:15
Grade 4 - Sat 3:30
Grade 4 - Sat 4:15
Grade 6 (year 1) - Sat 1:00
Grade 6 (year 1) - Sat 1:45
Grade 6 (year 2) - Tues 5:45
Grade 6 (year 2) - Tues 6:30
Int Foundation - Mon 8:00
Int Foundation Mon 8:45
Adv foundation -Tues 8:00
Adv. foundation - Tues8:45

Tap

Age 5-8 - Fri 4:15
Age 5-8 Sun 1:00
Age 6-10 - Sat. 2:00
Age 9-13 thurs 7:15

Lyrical

Age 8-12 - Fri 8:00
Age 12+ Thurs 8:45

Tumbling

* Tumbling classes are offered Monday, Saturday & Sunday

