

A.B. Dance Class Schedule 2019-2020

MONDAY	STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E	STUDIO F
4:15-5:00	Ballet Grade 1 (M.Thomas)	Part Time Tap Age 8-10 (Shannel)	Acro Age 4-8 (Kirsten)	Part Time Acro Age 5-7 (Joanna)		Tumbling Age 8-10 (Lena)
5:00-5:45	Ballet Grade 1 (M. Thomas)	Part Time Jazz Age 8-10 (Shannel)	Part Time Jazz Age 5-7 (Angel)	Select Acro Age 8-10 (Joanna)		Tumbling Age 10-12 (Lena)
5:45-6:30	Ballet Grade 1 (M. Thomas)	Select Tap Age 8-10 (Shannel)	Part Time Acro Age 8-10 (Angel)	Select Jazz Age 10-12 (Joanna)		Tumbling Age 11-13 (Lena)
6:30-7:15	Ballet Grade 3 (M. Thomas)	Select Tap Age 10-12 (Shannel)	Acro Age 8-12 (Angel)	Part Time Acro Age 11-13 (Joanna)		Tumbling Age 8-10 (Lena)
7:15-8:00	Ballet Grade 3 (M. Thomas)	Select Jazz tech Age 8-11 (Shannel)	PT M. Theatre Age 10+ (Angel)	Part Time Jazz Age 11-13 (Joanna).		Tumbling Age 12-14 (Lena)
8:00-8:45	Int Foundation Ballet (M. Thomas)	Part Time Tap Age 11-13 (Shannel)		Select Jazz Age 12-14 (Joanna)		Tumbling Age 13+ (Lena)
8:45-9:30	Int Foundation Ballet (M. Thomas)			Select Acro Age 12+ (Joanna)		Tumbling Age 12+ (Lena)
TUESDAY	STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E	STUDIO F
4:15-5:00	Ballet Grade 2 (M Thomas)	Jazz Age 6-10 (Jessica)				Acro Age 6-10 (Lyza)
5:00-5:45	Ballet Grade 2 (M.Thomas)	Hip Hop Age 6-10 (Jessica)				Select Jazz Tech Age 10-12 (Lyza)
5:45-6:30	Ballet Grade 6 (Year 2) (M.Thomas)	Acro Age 6-10 (Alessia)				Select Lyrical Age 10-12 (Lyza)
6:30-7:15	Ballet Grade 6 (Year 2) (M.Thomas)	Part Time Hip Hop Age 11-13 (Alessia)		Select Jazz Age 10-12 (Joanna)		Select Jazz Tech 12+ (Lyza)
7:15-8:00	Ballet Age 11+ (M. Thomas)	Part Time Acro Age 11-13 (Alessia)		Select Jazz 14+ (Joanna)		Select Lyrical Age 12-14 (Lyza)
8:00-8:45	Adv Foundation (M.Thomas)	Part Time Jazz Age 11-13 ()		Select Contemp Age 12-14 (Alessia)		Select Contemp Age 14+ (Lyza)
8:45-9:30	Adv.Foundation (M.Thomas)					Select Lyrical Age 14+ (Lyza)

WEDNESDAY	STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E	STUDIO F
4:15-5:00						
5:00-5:45						Hip Hop Age 9-13 (Alessia)
5:45-6:30						Acro Age 10-13 (Alessia)
6:30-7:15						Jazz Age 10-13 (Alessia)
7:15-8:00						Part Time Jazz Age 13+ (Alessia)
8:00-8:45						Part Time Contemp Age 13+ (Alessia)
8:45-9:30						Part Time Lyrical Age 13+ (Alessia)

THURSDAY	STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E	STUDIO F
4:15-5:00		Ballet Age 4-6 (M. Thomas)				Select Hip Hop Age 8-10 (Nikki)
5:00-5:45		Ballet Grade 5 (M.thomas)	Acro Age 4-6 (Kristy)			Boys Hip Hop Age 7+ (Nikki)
5:45-6:30		Ballet Grade 5 (M.Thomas)	Select Musical Theatre Age 10-13 (Kristy)			Part Time Hip Hop Age 12+ (Nikki)
6:30-7:15		Ballet Grade 1 (M.Thomas)	Acro Age 7-10 (Kristy)			Select Hip Hop Age 10-12 (Nikki)
7:15-8:00		Ballet Grade 1 (M. Thomas)	Tap Age 9-13 (Kristy)			Select Time Tap Age 12+ (Nikki)
8:00-8:45			Jazz Age 12+ (Kristy)			Select Hip Hop Age 13+ Nikki)
8:45-9:30			Lyrical Age 12+ (Kristy)			Hip Hop Age 12+ (Nikki)

FRIDAY	STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E	STUDIO F
4:15-5:00	Part Time Tap Age 6-8 (Shannel)		Tap Age 5-8 (Jessica B)	Acro Age 4-7 (Angel)		Ballet Age 4-6 (Kaitlyn)
5:00-5:45	Part Time Jazz Age 8-10 (Shannel)	Select Hip Hop Age 8-10 (Karli & Mya)	Hip Hop Age 5-8 (Kirsten)	Part Time Jazz Age 11-13 (Angel)		Ballet Age 5-8 (Kaitlyn)
5:45-6:30	Select Jazz Age 8-10 (Shannel)	Part Time Acro Age 8-10 (Karli & Kirsten)		Part Time Acro Age 11-13 (Angel)		Ballet Age 9-12 (Kaitlyn)
6:30-7:15	Select Lyrical Age 8-10 (Shannel)	Part Time Hip Hop Age 8-10 (Karli & Mya)	Part Time Lyrical Age 11-12 (Kirsten)	Acro Age 10 + (Angel)		Part Time Lyrical Age 12-13 (Kaitlyn)
7:15-8:00	Part time Tap Age 8-10 (Shannel)	Part Time Hip Hop Age 11-13 (Karli & Mya)		Part Time Musical Theatre Age 8-12 (Angel)		Select Jazz Tech Age 8-10 (Kaitlyn)
8:00-8:45	Part Time Musical Theatre Age 8-12 (Angel)			Part Time Lyrical Age 8-12 (Shannel)		Lyrical Age 8-12 (Kaitlyn)
SATURDAY	STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E	STUDIO F
9:00-9:45	Ballet Age 4-7 (M. Thomas)	Mini Dance Age 2-4	Ballet Age 4-6 (Kaitlyn)	Acro Age 3-5 (Sasha)		Tumbling Age 6+ (Lena)
10:00-10:45	Ballet Age 8-10 (M. Thomas)	Mini Dance Age 2-4	Acro Age 4-6 (Sasha)	Ballet Age 5-8 (Kaitlyn)		Tumbling (Lena)
11:00-11:45	Ballet Grade 2 (M. Thomas)	Acro Age 4-6	Hip Hop Age 8-10 (Kaitlyn)	Acro Age 5-8 (Sasha)		Tumbling (Lena)
12:00-12:45	Ballet Grade 2 (M. Thomas)	Jazz Age 5-8 (Sophia)	Acro Age 7-11 (Kaitlyn)	Acro Age 8-12 (Sasha)		Tumbling (Lena)
1:00-1:45	Ballet Grade 6 Year 1 (M. Thomas)	Hip Hop Age 4-7 (Sophia)	Mini stretch (Sasha)	Jazz Age 8-12 (Kaitlyn)		Tumbling (Lena)
2:00-2:45	Ballet Grade 6 Year 1 (M. Thomas)	Tap Age 6-10 (Sophia)	Hip Hop Age 9-12 (Kaitlyn)	Acro Age 11+ (Sasha)		Mini Tumbling (Lena)
2:45-3:30	Ballet Grade 4 (M. Thomas)	Ballet Age 5-8 (Kaitlyn)	Acro Age 8-12 (Sasha)	Part Time Tap Age 8-12 (Sophia)		PT Tumbling Age 9-12 (Lena)
3:30-4:15	Ballet Grade 4 (M. Thomas)	Part Time Jazz Age 9-12 (Sophia)	Part Time Jazz Age 6-8 (Kaitlyn)	Novice / PT Stretch Stretch (Sasha)		
4:15-5:00		Part Time Acro Age 9-12 (Sophia)	Part Time Acro Age 6-8 (Kaitlyn)	Acro Age 5-8 (Sasha)		
5:00-5:45			Part Time M. Theatre Age 8-12 (Kaitlyn)			Tumbling Age 6-10 (Lena)

SUNDAY	STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E	STUDIO F
10:00-1030		Mini Dance Age 2-4 (Angel)	Acro Age 6-10 (Kirsten)			
10:30-11:00		Jazz Age 6-10 (Kirsten)	Mini Dance Age 2-4 (Angel)			
11:00-11:30		Hip Hop Age 8-12 (Kirstn)	Acro Age 3-5 (Angel)			
11:30-12:00		Jazz Age 7-9 (Angel)	Ballet Age 3-5 (Kirsten)		Tumbling Age 8-10 (Sandra) 11:30-12:15)	
12:00-12:30		Ballet Age 4-7 (Angel)	Jazz Age 4-6 (Kirsten)		Tumbling Age 8+ (Sandra) 12:15-1:00	
12:30-1:00		Hip Hop Age 4-7 (Kirsten)	Acro Age 4-6 (Angel)			
1:00-1:30		Part Time Acro Age 8-10 (Angel) (1-1:45)	Tap Age 5-8 (Emily)		Tumbling Age 7-10 (Sandra) 1:00-1:45	
1:45-2:30	Acro Age 4-6 (Kirsten) 1:30-2	Select Tap Age 7-10 (Jonah)	Part Time Jazz Age 8-10 (Angel)		Extra Tumbling Age 10+ Tumbling 1:45-3:15	
2:30-3:15		Select Jazz Age 7-10 Angel	Part time Tap Age 8-10 (Jonah)			
3:15-4:00		Select Acro Age 7-10 (Angel)	Part Time Hip Hop Age 8-10 (Emily)			
4:00-4:45		Acro Age 7-10 (Angel)				
4:45-5:30		Tumbling Age 7-10 (Sandra)				
5:30-6:15						

Recreational Classes

Mini Dance (Age 2-4)

Sat. 9:00
Sat 10:00
Sun 10:00
Sun 10:30

Acro

Age 3-5 - Sat 9:00
Age 3-5 - Sun 11:00
Age 4-8 - Mon. 4:15
Age 4-6 - Thurs. 5:00
Age 4-7 - Fri 4:15
Age 4-6 - Sat 11:00
Age 4-6 - Sun 1:30-2
Age 4-6 Sun 12:30
Age 5-8 - Sat 11:00
Age 6-10 - Tues 5:45
Age 6-10 - Sun 10:00
Age 7-10 - Thurs. 6:30
Age 7-11 - Sat 12:00
Age 7-10 - Sun 4:00
Age 8-12 - Mon. 6:30
Age 8-12 Sat 2:45
Age 8-12 Sat 12:00
Age 10-13 - Wed 5:45
Age 10+ - Fri 6:30
Age 11+ - Sat 2:00
Age 11+ - Wed 8:00

Hip Hop

Age 4-7 Sat 1:00
Age 4-7 Sun 12:30
Age 5-8 - Fri 5:00
Age 6-10 tues 5:00
Age 8-10 - Sat 11:00
Age 8-12 Sun 11:00
Age 9-13 - Wed. 5:00
Age 9-12 Sat 2:00
Age 12+ - Thurs 8:45

*boys hip hop Age 7+ Thursday 5:00

Jazz

Age 4-6 - Sun 12:00
Age 5-8 Sat 12:00
Age 6-10 tues 4:15
Age 6-10 - Sun 10:30
Age 7-9 Sun 11:30
Age 8-12- Sat 1:00
Age 10-13 - Wed 6:30
Age 12+ - Thurs 8:00

Ballet

Age 3-5 - Sun 11:30
Age 4-6 - Mon. 4:15
Age 4-6 - Thurs. 5:45
Age 4-6 Fri 4:15
Age 4-7 - Sat 9:00
Age 4-6 - Sat 9:00
Age 4-7 Sun 12:00
Age 5-8 - Sat 10:00
Age 7-8 - Sat 10:00
Age 5-8 - Fri 5:00
Age 5-8 - Sat 2:45
Age 9-12 - Fri 5:45
Age 9-10 - Sat 1:00
Age 11+ - Tues. 7:15

RAD Classes

Grade 1 - Mon. 5:00
Grade 1 - Mon 5:45
Grade 1 - Thurs 7:15
Grade 2 - Tues 4:15
Grade 2 - Tues. 5:00
Grade 2 - Sat 11:00
Grade 2 - Sat 12:00
Grade 3 - Mon. 6:30
Grade 3 - Mon. 7:15
Grade 4 - Sat 3:30
Grade 4 - Sat 4:15
Grade 6 (year 1) - Sat 2:00
Grade 6 (year 1) - Sat 2:45
Grade 6 (year 2) - Tues 5:45
Grade 6 (year 2) - Tues 6:30
Int Foundation - Tues 8:00
Int Foundation Tues 8:45
Adv foundation - Mon 8:00
Adv. foundation - Mon 8:45

Tap

Age 5-8 - Fri 4:15
Age 5-8 Sun 1:00
Age 6-10 - Sat. 2:00
Age 9-13 thurs 7:15

Lyrical

Age 8-12 - Fri 8:00
Age 12+ Thurs 8:45

Tumbling

* Tumbling classes are offered Monday, Saturday & Sunday

